

Town of Natick Board of Health
NATICK 180
STEERING COMMITTEE MEETING

Natick Town Hall
3rd Floor Training Room
13 E. Central Street
Natick, MA 01760
8:30 AM Wednesday, September 4, 2019

Minutes

MEMBERS and DESIGNEES PRESENT:

Fr. Joseph J. Gallick, Natick Interfaith Clergy Association
Chief James Hicks, Natick Police Department
Chief Michael Lentini, Natick Fire Department
Nina Levine, Natick 180 / Natick Health Department
Cheryle Lucenta, SOAR Natick
Tim Luff, Natick Public Schools (on behalf of Anna Nolin)
Leah Park-Moldover, SPARK Kindness (on behalf of Christine Guthery)
Lt. Cara Rossi, Natick Police Department
Sue Salamoff, Board of Selectmen
Katie Sugarman, Natick 180 / Natick Health Department
James M. White, Jr., Natick Health Department

MEMBERS and DESIGNEES ABSENT:

Ian Wong, Natick Board of Health

1. Citizens' Concerns: None
2. Announcements
 - The Purple Flags will be up at the FCC until Sunday and then they will go to Newton-Wellesley Hospital
 - The Red Flags scattered amongst the Purple Flags are there for people to personalize in memory of someone they have lost.
 - SOAR Natick has offered to fund a retreat to fund members of The Journey. It's going to be November 3rd weekend in Orleans, MA. There will be various self-care trainings and activities. There will probably be 15-20 participants in attendance. Maybe there is some funding that can go towards The Journey group.

- The SPARK Kindness brochure will be coming out shortly, listing parent resiliency programming. SPARK Kindness and Natick 180 will work to incorporate some substance use programming. The Awareness and Education Action Team is working to see what sort of educational programming can be collaborative this year including the Chris Herren *The First Day* video, which we are planning on purchasing the rights for. We will screen that movie ourselves before we do a community screening, but we can do multiple screenings. We are also looking into the book *High: Everything You Want to Know about Drugs, Alcohol and Addiction* and maybe doing some community book groups. SPARK Kindness has Middle School Matters on November 4th coming up and maybe Natick 180 team can table at that event.

3. September 2019 programming updates and volunteer needs

a. Natick Days

The group discussed Natick Days scheduled for Saturday, September 7th from 10am-3pm, with a rain date of Sunday, September 8th from 1pm-5pm. Natick 180 has a few volunteers to help out at our table including Natick Rotary. Natick Rotary will be giving out medication lock boxes at our table. Hidden in Plain Sight will not be set up this year since we have the exhibit at the mall.

b. Hidden in Plain Sight (Sept. 10th-Sept. 26th, times vary)

The launch event is scheduled for Tuesday, September 10th at the Natick Mall. The educational posters will be hanging inside the store and will face outward towards the mall, so that people can view them even when the exhibit is not open. We have redone the posters from South Shore Hospital and rebranded them as our own with some important information about specific substances, risk factors, and warning signs. Then people will be invited into the bedroom space. We are working on inviting VIPs to the launch event, but Representative Linsky and Senator Rausch are confirmed. Chief James Hicks has checked in with DA Ryan and she is unable to attend.

There are 10 communities that have agreed to co-sponsor HIPS, as well as some corporate sponsors including Wegmans, Jordan's Furniture and Ben & Jerry's Natick. Wegmans is providing food for the kick-off events, and their restaurant, Blue Dalia, will host the 'Families for Depression' Awareness event. This is a good collaboration because of the mental health is a risk factor for substance use. The trainings for Hidden in Plain Sight are Tuesday right after the launch and then Wednesday evening from 6pm-8pm.

c. Natick Public School Open Houses (dates vary)

Natick 180 will have a presence at the middle and high school back-to-school nights this year,

including the full HIPS bedroom display at the High School one. For the middle schools, there won't be the full bedroom display, but there will be a few examples of stash items and paraphernalia and we will invite people to come see the Hidden in Plain Sight display at the mall.

There was discussion regarding a vaping cartridge containing THC fluid found at one of the middle schools.

4. Coalition calendar for 2019-2020 school year

The group discussed the quarterly coalition meetings that would be open to the public. In previous meetings, it was discussed that the meetings would alternate between morning and evening to promote access to the public. These meetings would focus on coalition updates and opportunities to report on what the Action Teams are doing.

Ms. Sugarman had proposed Wednesday, October 2nd at 6:30pm-8:30pm as a potential first evening meeting. Ms. Sugarman and Ms. Levine will check the school's calendar to make sure there are no conflicts; dinner can be provided. The location could change with the meetings but some options include the Morse Institute Library (as long as we are out by 9pm), Community Senior Center, the High School Library or the First Congregational Church. Ms. Sugarman will look at dates for the rest of the school year and bring those to the next coalition meeting .

5. Town Department reports

a. Natick Police and Fire Departments

Fire Department has no updates to report on.

Police reported that they had seen the the highest number of overdoses in a one month period in August 2019. There were 4 overdoses reported on August 13th, 2 of those were the same person, but it was not a Natick resident. The overdoses were not at the same location.

For 2018, by September 4th, there were 19 overdoses and this year we are up to 27. Yearly total for 2018 was 33 and we are currently at 33. In 2019, there were 2 fatal overdoses. Natick officers are asking for the Narcan kits and giving them out to people. They want them for their personal vehicles too. Natick Health Department has a lot of Narcan kits that don't expire until 2021. Ms. Lucenta asked if we could get specific Narcan kits that are more discrete than the plastic bags with the Natick 180 branding on it. Ms. Sugarman reported that she would look into possible options.

Sonia at the Police Department has been busy and been helpful with creating a more permanent solution. Some officers from the police department want to do the HIPS trainings.

b. Natick Public Schools

Mr. Luff reported on behalf of the Natick Public Schools that they had a great opening day. There were presentations regarding LGBTQ inclusion, microaggressions by a 5th graders, and Dr. Simmons spoke about diversity.

Dr. Nolin wants to be involved in the Chris Herren video and she is still working on figuring out a speaker for the 7th and 8th grades at Wilson Middle School to go along with the Purple Flag implementation. Frank Lombardo, from the Awareness and Education Action Team, had previously mentioned Jeff Allison. Jeff Allison is a former MLB recruit and has a cheaper speaking fee than Chris Herren. There might be money available in the PhRMA grant to do some sort of speaker programming. Ms. Lucenta will reach out to Mr. Allison to check in about his fee and availability.

Natick 180 had a presence at Red Hawk Fest this year and drawstring sports bags were given out this year.

c. Natick Health Department

The Natick Health Department update was postponed until the October 2nd meeting.

6. Action team reports

a. Awareness & Education Action Team

The Awareness & Education Action Teams will be postponed until the October 2nd meeting.

b. Access to Services Action Team

Ms. Sugarman provided an update on the Access to Services Team. They have been working to increase Medication Assisted Treatment and providing more support to families who experience overdose in the immediate hours and days after or maybe a few weeks after.

The Drop-in Centers are on hold, but maybe could be replaced with frequent events. The last feedback from the team was wondering if there was an opportunity for an ongoing display of resources in the library.

Ms. Sugarman is going to ask both Leonard Morse Hospital and Newton-Wellesley Hospital to sit on the Steering Committee.

c. Natick Above the Influence

Ms. Sugarman reported that Natick Above the Influence (NATI) will continue running as a youth club at the high school again this year and she is in the middle of organizing the first meeting with the existing NATI students.

7. Organizational structure

a. Steering Committee membership

Group members discussed having a process for the community at-large memberships. There is a vacancy for the healthcare designee and there was discussion about which hospital, if any, should be represented. Ms. Sugarman met with MetroWest Medical Center recently, and Steve Baroletti, the hospital COO, reported continued interest in being a part of Natick's work, but there was uncertainty about how regularly a representative can attend meetings. Ms. Sugarman has spoken with a Natick resident and pediatrician about the possibility of him participating on behalf of the healthcare sector, but their schedule would not allow participation until January 2020. The group discussed posting the roles on both the town and Natick 180 websites. Job descriptions of the roles for both the at-large community members and the hospital role were distributed and any updates or changes should be sent to Ms. Sugarman. Discussions should continue into what the Steering Committee is looking for from the future participants, and Ms. Sugarman will reach back out to MWMC to invite a representative to the October 2019 Steering Committee meeting.

b. Coalition Bylaws

Committee members are asked to review these on their own time. The By-laws were taken from Natick Together for Youth and have been updated. Some of the questions we focused on are highlighted in the version sent out.

Over the summer, it was discussed that an item on advocacy should be kept in for this version. Ms. Levine's time could be used to present data to the coalition, but could not influence a vote because her salary is funded on the Drug-Free Communities Grant.

Under voting members (page 2), it was previously discussed that we have voting rights in the coalition and actions teams. The public coalition meetings could have a vote to advise the Steering Committee, but then the Steering Committee would have the final vote. The phrasing on the line item could be changed to "take under advisement." Group members also discussed that it should be allowed for a vote by-proxy in the by-laws and also allowing a vote via email if it was sent 24 hours before a coalition meeting but this would not be allowed at the steering or subcommittee meetings. A quorum only counts the individuals who are physically present in the room.

Coalition officers were discussed last time. Group members discussed having the chair and vice-chair but no treasurer position, but instead including financial

updates at monthly Steering meetings. Staff is taking minutes so a secretary position is also not necessary.

Line 6 was left over from the Natick Together for Youth Bylaws.

8. Finance report

The financial overview was distributed at the meeting (see ADDENDUM). The balance on the Drug-Free Communities grant is quite high because of a delay in hiring the staff positions. Unused funds can still be used after the end of the fiscal year, but a formal written request must be submitted to the grant manager.

The MED Project grant gave \$1,300 towards medication disposal since Natick already has a medication disposal kiosk.

Natick's 2020 earmark has not been received yet by the Town, but it designates use of funds towards veterans, public health, and opioids. Group members discussed the need to prioritize website maintenance and communications.

Ms. Lucenta suggested that The Journey Bereavement group needs some financial support for costs which are typically nominal. For a long time, they only had a few members, but at their last meeting in August they had 14 people in attendance, their largest meeting to date. Ms. Lucenta pointed out that since the group emerged from the work of the Opioid Task Force, perhaps their basic operational expenses could be covered under Natick 180.

A financial report will be given at every meeting.

9. Summary and next steps

The next meeting will be Wednesday, October 2nd from 8:30am-10am.

ADDENDUM

**Natick Health Department
Substance Use Prevention Program Financial Overview 9/4/19**

| Fund/Grant | Fiscal Year | Do Funds Carryover? | Current Balance | Notes |
|---------------------------------|-------------------------------|----------------------------|------------------------|--|
| Town Prevention & Outreach Fund | July 1, 2019-June 30, 2020 | No | \$34,078.97 | <i>Pending withdrawals</i> |
| Drug Free Communities Grant | Sept. 29, 2019-Sept. 30, 2020 | Yes | \$101,802.32 | <i>Pending withdrawals</i> |
| PhRMA Grant | July 1, 2019-June 30, 2020 | Yes | \$20,000.00 | <i>Pending withdrawals</i> |
| Donations Account | July 1, 2019-June 30, 2020 | Yes | \$8,194.00 | <i>Includes donations made to Opioid Force</i> |

Town Prevention & Outreach Fund Pending Expenses

-\$2,500.00 reprint of 2,500 resource cards

DFC Pending Expenses

- \$10,000.00 Initial Design (Natick 180 website)
- \$ 467.91 July 2019 CADCA Conference expenses
- \$ 3,200.19 Sept. 17th Salaries
- \$ 300.00 gift card incentives for focus groups
- \$ 1,785.00 2020 CADCA Leadership Forum early bird registration
- HIPS printing costs (signage, handouts, etc.)
- Fringe (amount to be calculated)

PhRMA Grant

-\$ 319.00 All Type Graphics (Storefront Signage for HIPS)

-\$1,000.00 Initial Design (Natick 180 website)

-HIPS printing costs (signage, handouts, etc.)