

Access to Services Action Team
 Virtual Meeting
 Natick, MA
 1:00 PM - 2:30 PM
 Wednesday, March 30, 2022



Attendees (10):

Name	Organization	Sector Represented
Lizzy Chalfin	Natick 180 / Natick Health Dept.	Local Government
Michael Divver	Recovery Centers of America (Middlesex County)	Other organization involved in reducing substance misuse
Astrid Dretler	Natick 180 / Natick Health Dept.	Local Government
Scott Francis	MOAR	Other organization involved in reducing substance misuse
Michael Garafalo	Better Life Partners	Other organization involved in reducing substance misuse
Kayla Guzovsky	JRI / Program RISE	Other organization involved in reducing substance misuse
Lt. Chad Howard	Natick Police Dept.	Law Enforcement
Audrey Lambert	JRI / Program RISE	Other organization involved in reducing substance misuse
Katie Sugarman	Natick 180 / Natick Health Dept.	Local Government
Annette Ziegler	Natick High School	Schools

Powerpoint:  Virtual ATS Meeting 3-30-22.pptx

Meeting Minutes:

Agenda Item	Discussion
1. Citizens' Concerns	None.

<p>2. Approve meeting minutes</p>	<p>Meeting minutes from February 16th, 2021 were approved; they will be posted to the Town of Natick website.</p>
<p>3. Updates and announcements</p>	<p>a. Role of Action Team chairperson - This role is still open and needs to be filled. The chair helps set the agenda and guides discussions during the monthly meetings.</p> <p>b. Community educational events and speakers:</p> <ul style="list-style-type: none"> -Learn A Better Way - the current session is underway, and is meeting on Wed evenings. -Playful Parenting sessions with Dr. Larry Cohen are also underway for parents of elementary school-aged youth (0-12). The group is meeting virtually on Thursdays. -April 30th National Drug Take Back Day. There will be two Natick locations: the parking lot behind the NPD & the Wegmans 2nd floor pedestrian bridge. N180 will provide informational materials and a list of resources; possibly lock boxes as well. It was suggested that the Rise On van have a presence at NPD location, and have Narcan distribution available. The NPD location receives more prescription drop-offs than the Wegmans one, and the partnership between harm reduction and law enforcement is an important one. -Presentation by Jessica Lahey on May 11th from 7-8:30. Jessica is an acclaimed author, teacher, speaker, and person in recovery. The registration link should be available later this week. This virtual presentation is co-sponsored by N180 and Dover Sherborn’s Challenge Success organization. The topic will be how to talk to kids about substance use. Healthy decision-making and honesty are the underpinnings of Jessica’s approach. -Fall 2022: Plan for local screenings of <i>Recovery City</i>. NHS teacher Lisa Olivieri documented the stories of four women, each reflecting different facets of addiction and recovery. The documentary is set in Worcester, and follows women who have lived experience with addiction; some are court-involved. Metrowest Health Foundation funding is being sought for screenings throughout MetroWest. N180 has been asked to sponsor screenings, hopefully during recovery month in Sept. For more information, see: https://www.wmm.com/sponsored-project/recovery-city/ -Team Sharing Overdose Awareness license plates: “Where Support Meets Action.” 700+ people are needed to sign up in order for the MA RMV to offer this specialty overdose awareness license plate. The cost is \$40 an all monies raised go to Team Sharing. See: www.teamsharinginc.org/overdose-awareness-ma-specialty-plates/

	<p>c. Grief Outreach Team pilot grant Natick 180 is still proceeding with developing and piloting a grief outreach response team to families after a loved one's fatal overdose. Funding was provided by the Metrowest Health Foundation through a grant awarded to Framingham. Two consultants have been contacted and will work with us. Initial meetings are planned, and the goal is to have the pilot program ready to go by fall, since that is often the time of year with the most ODs in Natick.</p> <p>Planned meeting with SADOD - this organization provides resources, information, and assistance to people throughout MA who have been affected by the death of someone they care about from a substance-use-related cause. SADOD's focus is on increasing the capacity and effectiveness of peer grief support for bereaved people, frontline care providers, and people in recovery or struggling with drug use. SADOD works closely with Learn to Cope, and runs a peer grief ally training program. N180 is meeting with them to see if their training program and volunteer base could be used in our model. One important aspect that will be explored is figuring out what the right time frame is to reach out to families- is it immediately or within the first week or two? See sadod.org for more information on this organization.</p> <p>d. Post Overdose Support Team (POST) updates The next POST meeting will be held soon. There is nothing to report so far for the month of March; earlier in the year there were 2 incidents with marijuana and 1 incident with an intentional use of sleeping pills (none of these events are classified as overdoses).</p>
<p>4. Rollout of Rise On Van</p>	<p>Van visits have begun at the Natick Housing Authority locations on Wednesday afternoons. The number of client visits has not been numerous, so we need to keep continuing to promote the van and its services which include basic health care, harm reduction (SSP), supplies, and STD testing amongst others. The current need is to raise awareness and visibility.</p> <p>Other possible events/venues for the van to be present include:</p> <ul style="list-style-type: none"> ● National Drug Take Back Day ● Farmer's Market (Saturdays in Natick Center) ● Common Street Spiritual Center (12-step meetings & other community events are hosted at this location) ● Natick Service Council ● A Place to Turn ● Family Promise Metrowest

	<ul style="list-style-type: none"> • Community Senior Center <p>It was suggested that distributing information into faith organizations' weekly bulletins and other organizations' newsletters would be helpful; reaching out to the Medical West Metro Center (especially the Behavioral Health Services Dept.); deciding whether to put information at the "jumps" wooded area; also the commuter rail stations including parking lots; and the library.</p>
<p>5. Collaborations with Natick High School</p>	<p>a. Recovery speakers - NHS health teachers reached out to N180 to partner on bringing in speakers on the topic of recovery. Nick Loscocco and Mikey Divver visited the classes and shared their personal experiences, as well as discussed what helped them get into & maintain their recovery. The overall goal is to share information and hope. N180 can bring speakers to the NorthStar program at NHS; will plan for this later this spring.</p> <p>b. Health Fair / Equity Day - The health fair was a success. Scott from MOAR had a lot of important and valuable conversations with students. Many youth visited the Natick 180 table, which distributed information particularly around the topic of cannabis.</p> <p>N180's DEI consultants, Human in Common, developed a workshop for youth on the topic of equity, racism and addiction. The goal was to teach students how to identify stigma in relation to mental health and substance use. 29 students total attended the workshops, and the sessions were well-received.</p>
<p>6. Natick 180 Strategic Planning 2022</p>	<p>N180 plans to hold a 2-day strategic planning process over the summer using a data-driven approach, including MWAHS, OD data, parent/caregiver survey, and key stakeholder interviews. We need to create a strategy, identify resources we can leverage, and decide where to focus our efforts over the next year. The best time frame would be either early summer or late summer. The MWAHS data will be newly available in late spring / early summer and can be used in our strategic planning. Dissemination of survey results to the community will happen in Fall 2022. We may want to do some additional key stakeholder interviews with persons in recovery. Contact Fotios about his involvement in the televised show that he hosts.</p>
<p>7. Set next meeting date/time & adjourn</p>	<p>April 27th, 2022 from 1:00-2:30 pm</p>