

Minutes of COA Health Workgroup Meeting of 2/11/26, Morse Library Room 2A

In attendance: Mark Frankel, Fonda Mangino, Debi Shaw, Jan Sewall (called in)

- Meeting began 6:30PM
- Approved minutes from 1/14/26 meeting (Mark and Fonda and Debi voting in favor, Jan abstaining)
- Discussed follow up on Board vote to request looking into Active Aging Week from ICAA for 2026 and later
- Discussed continuing review into neighboring town programming, planned upcoming next steps for next towns.
- Discussed proposals to be presented as part of the work of Strategic Planning Subcommittee, possible ideas toward programming and outreach goals.
 - Consideration of developing annual Healthy Active Aging Week, between existing programming and outside services (e.g. ICAA)
 - Consideration of Healthy Learning Series, possible monthly themes.
 - Consideration of outreach identifying community partners for above proposed goals
 - Development of survey mechanisms for soliciting client priorities, “bottom-up.”
- Discussed developing a Vision/Mission/Goals statement for COA Health Workgroup.
- Meeting ended 8:00PM

Submitted by Mark Frankel