

Town of Natick

Board of Health (BOH)

Meeting Minutes

February 9, 2026

Present: Karla H. Sangrey, PE, Chair
Donald J. Breda, PE, Clerk

Also Present: Michael K. Boudreau, MPA, RS/REHS; Director of Public Health
Elaine Cheng, Executive Assistant

Absent: Peter A. Delli Colli, DMD, Vice Chair

Call to Order: Ms. Sangrey called the meeting to order.
Via Roll Call, Mr. Breda and Ms. Sangrey all present remotely.

Citizens' Concerns Fifteen Minutes None

Discussion and Decision: Meeting Minutes – January 12, 2026

Draft minutes were presented and reviewed.

Mr. Breda made a motion to approve the January 12, 2026 meeting minutes as written.

Ms. Sangrey seconded the motion.

There was no further discussion.

The roll call vote was as follows: Ms. Sangrey, yes Mr. Breda, yes

Discussion and Decision: Request for variance from Natick Board of Health Regulation Chapter 5 Section 14 to reduce the number of ejector pumps for a proposed connection to a public sewer system at 84 Farwell Street.

Also present Mr. Ted Doucette, PE

Mr. Boudreau reviewed the background of the property at 84 Farwell Street. A Title 5 Inspection was completed on May 2, 2025 and the system was determined to be in failure. The owner is making arrangements to install an ejector pump system that will tie into the Natick municipal sewer system.

Mr. Ted Doucette, engineer, is proposing a one (1) pump system for the property. Mr. Doucette explained that a dual pump system is not common for single family homes. The septic system will have an alarm and 24 hours of storage for repairs.

Mr. Boudreau said a dual pump system requirement has been standard in Natick for at least 25 years or more.

Mr. Breda made a motion not to grant the variance request to reduce the number of ejector pumps at 84 Farwell Street.
Ms. Sangrey seconded the motion.
There was no further discussion.
The roll call vote was as follows: Ms. Sangrey, yes Mr. Breda, yes

Discussion and Decision: Request for Variance to Conduct a Specialized Food Additive Process: “Acidification of Rice to Render it Non Time/Temperature Control for Safety Food” at T-Market, 1245 Worcester Street.

Also participating in discussion: Mr. Bon Koo, Consultant for T-Market

Ms. Jessica Cliff provided an overview of the application and explained the specialized process.

Mr. Breda moved to grant T-Market located at 1245 Worcester Street a variance to Conduct a Specialized Food Additive Process; “Acidification of Rice to Render It Non Time/Temperature Control for Safety Food”.

Ms. Sangrey seconded the motion.

There was no further discussion.

The roll call vote was as follows: Ms. Sangrey, yes Mr. Breda, yes

Discussion and Decision: Fee for a Tobacco Sales Permit

Natick Above The Influence (NATI) is a student-led organization at Natick High School focused on preventing substance use among youth. The following students were present via Zoom.

Shresta Chakilam, Maggie Lee, Corin D’Orsi, Henry Miller, and Nick Chan-Smutko

Also present: Catherine (Katie) Sugarman, Prevention & Outreach Program Manager
Elizabeth (Lizzy) Chalfin, Associate Project Coordinator

The students reviewed the background of the vape disposal project and why it is important.

- NATI identified the environmental impact of vapes and developed a project to collect them.
- Hosting a vape take-back day twice a year would cost approximately \$3,000 dollars.
- The idea is for retailers to pay some of the price since they make vapes accessible.
- 80% of all vapes come from retail stores.

NATI Proposal Goal

- NATI hopes that increased permit fees for vape retailers will increase vape prices, reducing youth usage in Natick.
- The money from the increase will fund NATI’s long-term vape disposal project.

There are discussions about raising fees for Tobacco Sale Permit to fund the vape disposal program. The Board Members noted their appreciation for all the work of the NATI Team and acknowledged the Program deserves ongoing consideration.

Mr. Boudreau will look at the price index and propose a reasonable price increase. He will come up with a recommendation.

The Board has decided to table the decision for a Tobacco Sales Permit Fee.

Mr. Breda made a motion to table the decision for a Tobacco Sales Permit Fee.

Ms. Sangrey seconded the motion.

There was no further discussion.

The roll call vote was as follows: Mr. Breda, Yes Ms. Sangrey, yes

Health Department Update(s):

a. Staff Update(s)

The Department is in the middle of budget season.

b. Public Health Nurse Update(s)

Flu numbers are going down in the State and nationally and COVID rate is low.

c. Natick 180 Update(s)

An event co-hosted with Spark Kindness will feature Dr. Jill Walsh discussing digital wellness for parents and youth on March 12, 2026 at 7:00 P.M. at Kennedy Middle School.

Board Member Update(s): None

Next Meeting(s): March 9, 2026.
Monday via ZOOM

Adjourn: Mr. Breda made a motion to adjourn the meeting.
Ms. Sangrey seconded the motion.
There was no further discussion.
The roll call vote was as follows: Ms. Sangrey, yes Mr. Breda, yes

Respectfully submitted,



Donald J. Breda, PE, Clerk

Items used during this meeting:
Draft minutes 01-12-2026
Documents for 84 Farwell St.
Documents for T-Market Sushi Variance