

Town of Natick  
Board of Health (BOH)  
Meeting Minutes  
January 12, 2026

Present: Karla H. Sangrey, PE, Chair  
Peter A. Delli Colli, DMD, Vice Chair  
Donald J. Breda, PE, Clerk

Also Present: Michael K. Boudreau, MPA, RS/REHS; Director of Public Health  
Elaine Cheng, Executive Assistant

Absent: none

Call to Order: Ms. Sangrey called the meeting to order.  
Via Roll Call, Ms. Sangrey, Dr. Delli Colli and Mr. Breda all present remotely.

Citizens' Concerns Fifteen Minutes None

Discussion and Decision: Meeting Minutes – December 8, 2025

Draft minutes were presented and reviewed.

Dr. Delli Colli made a motion to approve the December 8, 2025 meeting minutes as written.

Mr. Breda seconded the motion.

There was no further discussion.

The roll call vote was as follows: Ms. Sangrey, yes Dr. Delli Colli, yes Mr. Breda, yes

Decision to Appoint Ms. Dulce Pires, Administrative Assistant, as Burial Agent.

Mr. Breda made a motion to vote Ms. Pires as a burial permit agent.

Dr. Delli Colli seconded the motion.

There was no further discussion.

The roll call vote was as follows: Ms. Sangrey, yes Dr. Delli Colli, Yes Mr. Breda, Yes

Discussion: Implementation of Revised Natick Board of Health Regulations Chapter 19: Regulation of the Natick Board of Health Restricting the Sale of Tobacco Products.

Mr. Boudreau said that as of January 1, 2026, Zyn products can only be sold in Adult Retail Tobacco stores. The Natick Health Agents conducted inspections after January 1, 2026 to ensure compliance. Most facilities complied, but some still had oral nicotine products on display and were instructed to remove them. A follow-up letter will be sent to vendors to complete removal of the product, and fines or permit suspension may be implemented for non-compliance.

Discussion and Decision: Suspend Tobacco Product Sales Permit at Speedway #2435, 230 Worcester Street, Due to Violation of Natick Board of Health Regulation Chapter 19: Regulation of Natick Board of Health Restricting the Sale of Tobacco Products.

Mr. Daryl Hull was present remotely representing Speedway.

Mr. Boudreau stated that on December 4, 2025, a person under the minimum legal sales age of 21 purchased Zyn product at the Speedway, 230 Worcester Street. On December 8, 2025, a Correction/Cease and Desist Order was issued and Speedway was fined \$1,000.

Mr. Daryl Hull said he was very upset when he learned of the violation. Speedway has policies, procedures and mandatory video training in place. Speedway has taken personnel action with the employee involved.

The Board decided to suspend the Tobacco Product Sales Permit on January 20, 2026, January 21, 2026 and January 22, 2026 pursuant to 105 CMR 040(d).

Mr. Breda made a motion to suspend Tobacco Product Sales Permit at Speedway on January 20, 2026, January 21, 2026 and January 22, 2026.

Ms. Sangrey seconded the motion.

There was no further discussion.

The roll call vote was as follows: Ms. Sangrey, yes Dr. Delli Colli, Yes Mr. Breda, Yes

Discussion and Decision: Natick Board of Health Regulation Chapter 5A – Upgrading Systems Consisting of One or More Cesspools

Mr. Boudreau summarized the implementation of Natick Board of Health Regulation Chapter 5A. The goal is to reduce the continued use of cesspools and upgrade to comply with Title 5 and Natick Board of Health Regulations Chapter 5 when there is a property ownership transfer, a Title 5 inspection or house reconstruction.

The Board adopted the new Regulation Chapter 5A, Upgrading Systems Consisting of One or More Cesspools.

Mr. Breda made a motion to adopt the updated Natick Board of Health Regulation Chapter 5A.

Ms. Sangrey seconded the motion.

There was no further discussion.

The roll call vote was as follows: Ms. Sangrey, yes Mr. Breda, Yes Dr. Delli Colli, Yes

Health Department Update(s):

a. Staff Update(s)

Mr. Boudreau said the Health Department is getting more food service applications in Natick. Housing cases have increased.

b. Public Health Nurse Update(s)

Ms. Heidi Harper, Natick Public Health Nurse, reported to the Board members the flu rate is high with 66 people in Massachusetts have died due to complications of the flu and 4 pediatric patients. Ms. Heidi Harper said it is not too late to get a flu shot.

c. Natick 180 Update(s)

- Natick 180 has been starting some of the youth clubs again.
- Natick's 21<sup>st</sup> Annual Martin Luther King, Jr. Community Celebration on January 19, 2026.
- A zoom seminar titled "What's Going On In Their Head? Understanding Teen Brains with Dr. Silveri, PhD, MHC neuroscientist and brain development specialist on Tuesday, January 27, 2026.

Board Member Update(s): None

Next Meeting(s): February 9, 2026, March 9, 2026 and April 6, 2026 (In-Person).  
All Mondays, all subject to change

Adjourn: Mr. Breda made a motion to adjourn the meeting.  
Dr. Delli Colli seconded the motion.  
There was no further discussion.  
The roll call vote was as follows: Ms. Sangrey, yes Dr. Delli Colli, yes Mr. Breda, yes

Respectfully submitted,



Donald J. Breda, PE, Clerk

Items used during this meeting:  
Draft minutes 12-08-2025  
Revised Natick Board of Health Regulation Chapter 5  
Speedway Violation Docs