

NATICK OPIOID TASK FORCE

Natick Community Senior Center, Room #218

3:00 PM January 2, 2019

Meeting Minutes

MEMBERS and DESIGNEES PRESENT:

Cheryle Lucenta, SOAR Natick
Katie Sugarman, Natick Health Department
James M. White, Jr., Director of Public Health
Jessica Cliff, Natick Health Department
Susan Salamoff, Natick Board of Selectmen
Steve Baroletti, MetroWest Medical Center
James Hicks, Chief, Natick Police Department
Michele Marotta, Spark Kindness
Cara Rossi, Natick Police Department
Michael Lentini, Chief, Natick Fire Department
Ian L. Wong, Natick Board of Health

ALSO PRESENT: Jean M. Cotter, Natick Health Department
Jacqui Peck, South Middlesex Opportunity Council
Beth Hickey, RN

1. Moment of Silence in remembrance of those who have passed away due to substance use
2. Citizen's Concerns: none
3. Announcements:

SOAR Natick collected items for, created and donated Giving Bags to three Recovery Homes in Framingham. They also provided all new bedding Crossroads and Serenity House in Framingham. The generosity and effort made is greatly appreciated.

The Reddish Foundation has given a generous grant of \$43,000.00 to SOAR Natick. Information for how to apply for assistance is online at the SOAR Natick website.
www.soarnatick.org

The Natick Elks has made another very generous \$3,500.00 donation to help with substance use prevention and outreach. Check will be accepted at an upcoming Board of Selectmen's meeting.

For the month of January the Opioid Art Project will be on display at the Town Hall in the Edward Dlott Selectmen's Meeting Room.

The Family Communication skills workshop for parents and caregivers will not begin next week. There will be an advertising push to increase interest for a start date in February.

The monthly Addiction Resource Center will be Monday, January 14, 2019 at the Morse Institute Library. There will be a screening of the PBS Nova documentary called Addiction. After the movie there will be a panel discussion with local experts. Training and naloxone (Narcan) kits will be available.

A \$20,000.00 grant from Pharmaceutical Research and Manufacturers of America (PhRMA) has been received. This grant is for assistance with the substance prevention and outreach program targeted to the Middle School level. This PhRMA grant is a partnership with Natick Public Schools. The Board of Health and the Police Department are the fiscal agents.

4. Approval of minutes of December 5, 2018 meeting

A motion was made and seconded to accept the minutes of the December 5, 2018 Meeting as presented. The motion passed unanimously.

5. First responders' report for December

Two calls: Both revived with Narcan and transported to the hospital
One possibly fentanyl; the other suspected to be a mix of cocaine and heroin

The 2018 year-to-date numbers reflect thirty-three (33) overdose calls with three (3) deaths. Unclear if all of these incidents involved opioids; other substances might have been involved. Ms. Cliff will research 2018 death records for outcomes of pending designations.

There was a discussion about additional training and distribution of Narcan kits for the public as well as first responders. NPD and NFD will be engaging in new Narcan training for personnel soon (planning in progress).

6. Report from Natick Public Schools

Dr. Nolin is not able to attend this meeting but remains in contact with Ms Sugarman for development of curriculum and programs. NPS are particularly invested at this time in addressing vaping issues that have impacted high schools across the US. NPS and the Natick Health Department are currently collaborating to create in-school vaping diversion and cessation programs.

7. Report from MetroWest Medical Center

Addiction experts from the MetroWest Medical Center will participate on the discussion panel at the monthly Addiction Resource Center on Monday, January 14, 2019.

8. Report from Health Department

The library has been given five more Narcan kits available in case of an emergency.

Training and distribution of narcan kits is scheduled for Natick Service Council employees.

A recipient of the training and a narcan kit has reported the use of that kit which saved a life.

An annual report for the Narcan Distribution Pilot Program was submitted to the Metrowest Health Foundation by the Framingham Health Department (which served as the grant administrator). Sixty-three individuals were trained and given Narcan kits for personal use. An additional 112 individuals were trained in organizational trainings, at which 22 Narcan kits were distributed for organizational use.

9. Next steps in action plan development

Building upon strategic planning conversations from previous meetings the group continued discussion about how to coordinate the integration of the separate groups and departments under one 'roof' while maintaining the relationships and input of all concerned.

- The strategic plan developed by Health Resources in Action (HRiA) will be integrated with the requirements and objectives of the Drug Free Communities (DFC) Grant.
- Create hierarchy for policy decisions and operational requirements. Need a more streamlined process than what currently exists.
- To ensure communication and input from key departments, it was suggested to bring together for a discussion the chairs of the School Committee, Natick Together for Youth, Board of Health, Natick Together For Youth, Board of Selectmen along with the Town Administrator.
- Present a plan, structure and process to continue what the Opioid Task Force has created so far but with just one 'overseeing' entity for policy, strategy and operation.
- Request the Board of Selectmen dissolve the current Opioid Task Force to be replaced by a newly structured integrated group organized under the direction of one steering/advisory committee.

A joint meeting with all groups is tentatively scheduled for Friday, January 18, 2019.

10. Work group updates

a. Treatment and Recovery

- Continuing Narcan Distribution & Training Pilot
- Monthly Addiction Resource Center
 - January 14, 2019 “Addiction” PBS Nova documentary
 - February 11, 2019 Twelve Step Fellowship
- Boston Medical Center (BMC)
 - Anti-stigma and non-stigmatizing language program
Continuing conversation to bring the program to MetroWest Medical Center

b. Community Awareness and Education

- Need to narrow down and prioritize extensive list
- Advertise job opportunities for DFC positions
- NTY meeting January 8, 2019
- Advertise January’s monthly Addiction Resource Center
- Advertise February’s Communication Skills Workshop with Natick Service Council
- The annual Community Vigil in December was well attended and especially moving for many local families.

11. Confirm next meeting date

The next meeting is scheduled for Wednesday, February 6, 2019 at 3:00 pm

Documents used at this meeting:
Minutes Dec. 5, 2018
Chart Narcan Group Trainings 2018
2018 Strategic Planning Summary with Integrated DFC Objectives