



Town of Natick Board of Health  
NATICK 180 Awareness & Education Action Team  
Meeting Notice  
Tuesday, November 14th, 2023 at 10:00 AM

This meeting will be conducted by remote participation. Attendance will only be through the process described below.

Zoom Meeting - Remote Participation

**Join Zoom Meeting**

<https://us06web.zoom.us/j/84470457277?pwd=QVRkcHpYUFFhdzFWaFdMNm41ZGdaZz09>

Use your computer's audio (speakers & microphone) or phone (instructions on screen).

If unable to use a computer or smartphone, call into any one of the following numbers:

Dial by your location

+1 929 205 6099 US (New York)

+1 301 715 8592 US (Washington DC)

If prompted, below is the meeting ID as well as the Passcode: **Meeting ID: 844 7045 7277 Passcode: 622466**

AGENDA

1. Citizens' Concerns: Any individual may raise an issue that is not included on the agenda and it will be taken under advisement by the Action Team. There will be no opportunity for debate during this portion of the meeting. Any individual addressing the Action Team during this section of the agenda shall be limited to two minutes.
2. Vote on September 11th & October 10th meeting minutes
3. Updates/Announcements
  - a. Natick 180 Retreat - November 8th
  - b. Natick 180 Town Hall - late January
  - c. METCO connections
4. Recap of Past Month's Activities
  - a. SPARK Kindness: Raising Connected, Capable and Compassionate Adolescents with Lisa Damour
  - b. Red Ribbon Week
  - c. NHS Recovery Speakers
  - d. Prescription Drug Take Back Day
  - e. Kennedy Middle School Visits
5. Upcoming Events
  - a. QPR Training (11/14)
  - b. Screenagers Viewing (11/15)
  - c. NILS Training (11/27)
  - d. Dr. Medina Webinar - Tips for Talking with Your Teen about Drugs and Alcohol in Today's World (12/5)
  - e. SPARKing Gratitude in Ourselves and Others (12/6/23)
  - f. Natick is United - Being LGBTQ+ in Natick (12/14/23)
  - g. Annual Vigil (12/17)
6. Discussion
  - a. Natick 180 2024 Action Plan
  - b. Mental Health training for coaches
  - c. Events for 2024 - Swim Tuff; panel event on youth substance use/Miriam Schizer; 2nd Act; positive assets campaign; Screenagers viewing
7. Summary and next steps
  - a. Set next meeting date for December 12, 2023

Agenda items will be addressed in an order determined by the meeting facilitator.