



Town of Natick Board of Health
NATICK 180 Awareness & Education Action Team
Meeting Notice
Tuesday, March 10th, 2026 at 9:00 AM

This meeting will be conducted by remote participation. Attendance will only be through the process described below.

Zoom Meeting - Remote Participation

Join Zoom Meeting

<https://us06web.zoom.us/j/83381785455?pwd=d30iRXPzh3CI041X4DacC924D66vzJ.1>

Use your computer's audio (speakers & microphone) or phone (instructions on screen).

If unable to use a computer or smartphone, call into any one of the following numbers: Dial by your location +1 312 626 6799

If prompted, below is the meeting ID as well as the Passcode: **Meeting ID: 833 8178 5455 Passcode: 447822**

AGENDA

1. Citizens' Concerns
2. Vote on February 10th meeting minutes
3. Updates/Announcements
 - a. Grant Updates
 - b. Spring Coalition Meeting + Community Champion Award
 - c. Youth Updates
4. Recap of Past Month's Activities
 - a. Spark Event with Loretta Ross (2/26)
 - b. Youth Alcohol Policy Training Series (2/28)
5. Upcoming Events
 - a. Healthy Tech Use Event with Dr. Jill Walsh (3/12)
 - b. ENUFF Day (3/18)
 - c. Nutrition and Wellness Foundations for Everyday Health (3/24-4/8)
 - d. Natick 180 Parent Program at Riverbend School (3/23)
 - e. Mental Health First Aid Training at Anchored in Recovery (3/25)
 - f. Love the Teen/Tween You Have: Practical Guide for Transforming Conflict into Connection (4/16)
 - g. Other partner events?
6. Discussion
 - a. Mental Health Awareness Month Planning (May)
 - b. Boston Marathon presence (4/20)
 - c. Prescription Drug Take Back Day (4/25)
 - d. Winter/Spring Lunch and Learn (topics, recruitment, date, etc.)
 - e. Menopause/Perimenopause Event
 - f. Other Activities and Events
7. Summary and next steps - set next meeting date

Agenda items will be addressed in an order determined by the meeting facilitator.