



**Public Health**  
Prevent. Promote. Protect.



Your community resource  
for addiction education,  
prevention & recovery.

**Town of Natick Board of Health  
Natick 180 Steering Committee Meeting  
8:30 AM Wednesday, March 4, 2026**

This meeting will be conducted by remote participation. Attendance will only be through the process described below. To join the meeting:

- Go to <https://us06web.zoom.us/j/81815491611?pwd=k28nryoYiSLekIDbXcfb2L01nsPvTo.1>.
- Use your device's audio (speakers & microphone) or phone (instructions on screen).
- If unable to use a computer, call into any one of the following numbers:
  - (929)-205-6099 US
  - (301)-715-8592 US
- If prompted, enter Meeting 818 1549 1611. Password is 360839.

**AGENDA**

1. Citizens' concerns: Any individual may raise an issue that is not included on the agenda and it will be taken under advisement by the Committee. There will be no opportunity for debate during this portion of the meeting. Any individual addressing the Committee during this section of the agenda shall be limited to two minutes.
2. Vote on February 4, 2026 meeting minutes:
3. Updates and announcements:
  - a. Recent and upcoming events
    - i. March 12<sup>th</sup> @ 7:00 PM: "Navigating Technology and Tween/Teen Well-Being" with Dr. Jill Walsh
    - ii. March 25<sup>th</sup>: Mental Health First Aid training for Anchored in Recovery
    - iii. April 25<sup>th</sup>, 10:00 AM-2:00 PM: National Drug Takeback Day
    - iv. May 2026: Mental Health Awareness Month
  - b. Natick Above the Influence (NATI) events and activities
  - c. Spring Steering and Coalition meeting schedule
  - d. 2026 Community Champion Award nominations
4. Town department reports
  - a. Natick Police and Fire Departments
  - b. Natick Public Schools
  - c. Natick Health Department
  - d. Natick Select Board
5. Community reports
  - a. Healthcare community: Newton Wellesley Hospital and MetroWest Medical Center
  - b. SOAR Natick
  - c. SPARK Kindness
  - d. Natick Interfaith Leader Association
  - e. Recovery community
6. Finance report
7. Monthly Action Team updates
  - a. Awareness & Education Action Team Meeting: Tuesday, March 10<sup>th</sup> @ 9:00 AM
  - b. Access to Services Action Team Meeting: Tuesday, March 24<sup>th</sup> @ 11:00 AM
  - c. Policy Action Team: Meeting date/time TBD
8. Set next meeting date/time and adjourn.

*Agenda items will be addressed in an order determined by meeting facilitator.*