



Town of Natick Board of Health  
NATICK 180 Awareness & Education Action Team  
Meeting Notice  
Tuesday, February 10th, 2026 at 9:00 AM

This meeting will be conducted by remote participation. Attendance will only be through the process described below.

Zoom Meeting - Remote Participation

**Join Zoom Meeting**

<https://us06web.zoom.us/j/83381785455?pwd=d30iRXPzh3CI041X4DacC924D66vzJ.1>

Use your computer's audio (speakers & microphone) or phone (instructions on screen).

If unable to use a computer or smartphone, call into any one of the following numbers: Dial by your location +1 312 626 6799

If prompted, below is the meeting ID as well as the Passcode: **Meeting ID: 833 8178 5455 Passcode: 447822**

AGENDA

1. Citizens' Concerns
2. Vote on January 13th meeting minutes
3. Updates/Announcements
  - a. Grant Updates
  - b. Youth Activities
4. Recap of Past Month's Activities
  - a. MLK Day Celebration (1/19)
  - b. What's Going on in their Head? Understanding Teen Brains (1/27)
  - c. Youth Power Summit (1/31)
5. Upcoming Events
  - a. Spark Event with Loretta Ross (2/26)
  - b. Healthy Tech Use Event with Dr. Jill Walsh (3/12) + Discussion
  - c. Other partner events
6. Discussion
  - a. Mental Health Awareness Month Planning (May)
  - b. Boston Marathon presence (4/20)
  - c. Prescription Drug Take Back Day (4/25)
  - d. Winter/Spring Lunch and Learn (topics, recruitment, date, etc.)
  - e. Menopause/Perimenopause
  - f. Other Activities and Events
7. Summary and next steps - set next meeting date

Agenda items will be addressed in an order determined by the meeting facilitator.