



Town of Natick Board of Health
NATICK 180 Awareness & Education Action Team
Meeting Notice
Tuesday, January 13th, 2026 at 9:00 AM

This meeting will be conducted by remote participation. Attendance will only be through the process described below.

Zoom Meeting - Remote Participation

Join Zoom Meeting

<https://us06web.zoom.us/j/83381785455?pwd=d30iRXPzh3CI041X4DacC924D66vzJ.1>

Use your computer's audio (speakers & microphone) or phone (instructions on screen).

If unable to use a computer or smartphone, call into any one of the following numbers: Dial by your location +1 312 626 6799

If prompted, below is the meeting ID as well as the Passcode: **Meeting ID: 833 8178 5455** **Passcode: 447822**

AGENDA

1. Citizens' Concerns
2. Vote on December 9th meeting minutes
3. Updates/Announcements
 - a. Grant Updates
 - b. Youth Activities
 - c. Natick 180 Training Offerings
4. Recap of Past Month's Activities
 - a. Annual Vigil (12/14)
5. Upcoming Events
 - a. MLK Day Celebration (1/19)
 - b. What's Going on in their Head? Understanding Teen Brains (1/27)
 - c. Youth Power Summit (1/31)
 - d. Spark Event with Loretta Ross (2/26)
 - e. Healthy Tech Use Event with Dr. Jill Walsh (3/12)
 - f. Other partner events?
6. Discussion
 - a. Subcommittee Goals for 2026
 - b. Mental Health Awareness Month Planning
 - c. Building Connections with Elementary Schools
 - d. Winter/Spring Lunch and Learn (topics, recruitment, date, etc.)
 - e. Other Activities and Events
7. Summary and next steps - set next meeting date

Agenda items will be addressed in an order determined by the meeting facilitator.