



Town of Natick Board of Health
NATICK 180 Awareness & Education Action Team
Meeting Notice
Tuesday, January 10th, 2023 at 9:00 AM

This meeting will be conducted by remote participation. Attendance will only be through the process described below.

Zoom Meeting - Remote Participation

Join Zoom Meeting

<https://us06web.zoom.us/j/82694971406?pwd=MXIFd3dkc2FCVENLVWN3ekVzakU0Zz09>

Use your computer's audio (speakers & microphone) or phone (instructions on screen).

If unable to use a computer or smartphone, call into any one of the following numbers:

Dial by your location

+1 929 205 6099 US (New York)

+1 301 715 8592 US (Washington DC)

If prompted, below is the meeting ID as well as the Passcode: **Meeting ID:** 826 9497 1406 **Passcode:** 268980

AGENDA

1. Citizens' Concerns: Any individual may raise an issue that is not included on the agenda and it will be taken under advisement by the Action Team. There will be no opportunity for debate during this portion of the meeting. Any individual addressing the Action Team during this section of the agenda shall be limited to two minutes.
2. Vote on November 8th minutes
3. Updates/Announcements
 - a. Strategic Planning Process
4. Recap of Past Month's Activities
 - a. Pilot Program with 6th grade health class
 - b. Creating Healthy Tech and Media Habits with Your Teen - Dec. 13th
 - c. Teen Stress Survival Guide - Dec. 14th
 - d. Annual Vigil
 - e. Holiday Billboard
5. Upcoming Events
 - a. MLK Day
 - b. NATI Activities - Youth Power Summit & CADCA Conference
6. Discussion
 - a. Spring Substance Use Event with Schools
 - b. Speaker Ideas - Minding Your Mind; Mental Health Collaborative; Families for Depression Awareness
 - c. Presence at the Boston Marathon
 - d. 2nd Act substance use prevention performances
 - e. Prescription Bottles Messaging
7. Summary and next steps
 - a. Set next meeting date (February 14th)